A Proposed Strategy for Raising the Efficiency of Physical Education Teachers in the Kingdom of Bahrain

A Thesis Submitted in Partial Fulfillment of the Requirements for the Ph.D. Degree in Physical Education

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Abstract

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This research aimed at developing a proposed strategy for raising the efficiency of physical education teachers in all the learning stages in the Kingdom of Bahrain through Elements of the strategy.

The Sample of this study sample consisted of (210) teachers and specialists of physical education.

Study Tool: The researcher used a questionnaire specially designed by the researcher for collecting the necessary data.

Methodology: This study followed the descriptive approach since it is the most suitable for describing, interpreting and analyzing phenomena.

Study Results:- Identifying the opinions of teachers and specialists of physical education regarding objectives: the importance came with a percentage 89%.

- Identifying the opinions of teachers and specialists of physical education regarding planning and preparation: the importance came with a percentage 78%.
- Identifying the opinions of teachers and specialists of physical education regarding teaching and learning management and behavior management: the importance came with a percentage 85%.
- Identifying the opinions of teachers and specialists of physical education regarding classroom management: the importance came with a percentage 91%.
- Identifying the opinions of teachers and specialists of physical education regarding personal development: the importance came with a percentage 97%.
- Identifying the opinions of teachers and specialists of physical education regarding training and vocational development: the importance came with a percentage 98%.
- Identifying the obstacles that face physical education teaching process: one of statements came with a percentage 99.7%.

Recommendations:

- Implementing the suggested strategy in order to raise the efficiency of the teachers of physical education and increase their performance.
- Enabling the teachers of physical education of making use of the scientific progress in the teaching process through in-service and pre-service training and preparation programs.
- Increasing the cooperation between the specialists of physical education in the different administrations to support the teachers of physical education in the field.