University of Bahrain

College of Arts
M.A. of counselling psychology
Department of Psychology

The Effectiveness of a Counseling Program in Improving the Level of Psychological Security of Orphan Children in the Kingdom of Bahrain

A Thesis Submitted in Partial Fulfillment of the Requirements for the Master Degree in Counseling Psychology

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Abstract

1. The study aimed to identify the effectiveness of a counseling program in improving the level of social security among orphan children in the kingdom of Bahrain. The researcher employed the quasi – experimental design as methodology. The study used the Psychological Security Scale that was developed by the researcher. The study sample consisted of (30) female orphan children who were divided into two groups: The experimental group (10) and the control group (10). The psychometric properties of the instrument were tested on a pilot study that consisted of 60 orphan children in the Sanabil Orphans Care Society, whose ages ranged between 9-12 years old. The experimental and control groups were tested to ensure homogeneity before the implementation of the program. It was found that there were no significant differences between the two groups on the Psychological Security Scale.

The pre- test and post- tests were administered to the study sample. The results of the study were as follows:

2. There were statistically significant differences between the mean rank scores of the experimental group and those of the control group, on the post-test of the Psychological Security Scale in favor of the experimental group.

3. There were statistically significant differences in the mean rank scores of the experimental group between the pre-test and post-test of the Psychological Security Scale in favor of the post-test.

4. There were no significant differences in the mean rank scores of the control group between the pre-test and post-test of the Psychological Security Scale.

5. There were no significant differences in the mean rank scores of the experimental group between the post test and the follow- up test of the Psychological Security Scale.

Key words: Psychological Security, orphan children.